



Emotional Abuse

What is emotional abuse?

Emotional abuse is the on-going emotional maltreatment or emotional neglect of a young person. It's sometimes called psychological abuse and can seriously damage a young person's emotional health and development.

Emotional abuse can involve deliberately trying to scare or humiliate a young person or isolating or ignoring them.

Young people who are emotionally abused are usually suffering another type of abuse or neglect at the same time – but this isn't always the case.

How to get help

Speak to any member of staff at school.

Other support :

nspcc.org.uk 0808 800 5000

ChildLine 0800 1111 (24 hours)