

SPORTS CLUBS & LINKS

At Isleham C of E Primary School, we continue to work towards the government's plan to provide 60 minutes of moderate to vigorous intensity physical activity every day. At least 30 minutes of this should be delivered in school every day through active playtimes, PE, extra-curricular clubs, active lessons and other sports events. It is expected that the remaining 30 minutes is supported by parents and carers outside of school time. The full report can be found here

<https://www.gov.uk/government/publications/childhood-obesity-a-plan-for-action/childhood-obesity-a-plan-for-action>

Remember to get out and about with family as often as you can. Taking the dog out or a walk to the local park is a great idea. With the change in weather, why not challenge yourselves to walk to school for a week or even scoot.

With this in mind, we have put together this document, signposting you to clubs in the local area.

KUK SOOL

MONDAY CLASSES

Soham Methodist Church,
60 Berrycroft Lane,
Soham,
Ely,
Cambridgeshire,
CB7 5BL
United Kingdom



KUK SOOL WON
ELY

<http://www.kuksoolwon-ely.co.uk/location>

SWIMMING

Isleham School Pool Association



<http://www.isleham.cambs.sch.uk/website/ispa/74768>



<http://www.mildenhallsharks.co.uk/msharks/>

RUNNING



<http://www.elyrunners.co.uk/>

LOCAL STABLES & HORSE RIDING CLASSES



**Sedgeway
Equestrian Centre**
Ely



Horse Riding
and Stables



**Witcham
Equestrian Centre**
Ely



Horse Riding
and Stables

<https://www.dayoutwiththekids.co.uk/things-to-do/east/cambridgeshire/soham/sports-and-activities/horse-riding-stables>

FOOTBALL



<http://www.isleham-village.co.uk/youthfootball.html>

SKATE PARK

Isleham Community Skate Park



<http://www.isleham-village.co.uk/skate.html>