**Long Term Overview of P.E Units 2019-2020**

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|  | **Aut 1** | **Aut 2** | **Spr 1** | **Spr 2** | **Sum 1** | **Sum 2** |
| R | \*\*\*Playground Games  \*\*\*Multiskills | Gymnastics- Fun Gym Shapes  Dance- Toys | Games- Fundamentals 1  Dance- On Parade | Games- Fundamentals 2  Gym- Move & Hold | Swimming  \*\*\*Parachute Games | Swimming  Athletics- prepare for sports day |
| 1 | Swimming  \*\*\*Playground Games | Games- Fundamentals 1  Dance- Moving Words | Games- Fundamentals 2  Dance- Weather | Gymnastics- Rock & Roll  \*\*\*Multiskills | Swimming  Gymnastics- Jumping Jacks | Swimming  Athletics |
| 2 | Swimming  Dance- Magical  Friendships | \*Gymnastics  Ball, Wall, Tall  \*\*\*Playground Games | Dance- Fire of London  Games- Fundamentals 1 | Games- Fundamentals 2  Gymnastics- Points of Contact | Swimming  Athletics | Swimming  \*\*Throwing and Catching (old SOW) |
| 3 | Swimming  Dance- Solar Systems | \*OAA  Lower KS2  Gymnastics- Hand Apparatus | Gymnastics- Patterns and Pathways  \*\*Games- Ball on the Floor (old SOW) | \*Games  Ball Handling  Dance- Machines | Swimming  Games- Striking & Fielding | Swimming  Athletics- Challenges |
| 4 | Swimming  \*Gymnastics  Principles of  Balance | Games- Ball Handling- Netball (adapt Y5 planning to suit year 4)  Dance- Cold Places | Gymnastics- Rotation  Games- Invasion Games- Ball on the Ground | \*Games  Invasion Games- Net Games  Dance- Rugby Haka | Swimming  Athletics- Pentathlon | Swimming  OAA- Lower KS2 |
| 5 | Swimming  Games- Invasion Games- Football | OAA- Upper KS2  Gymnastics- Press & Go | \*Games  Netball  Dance- Styles | Games- Netball  Gymnastics- Pair Composition | Swimming  \*Athletics  Heptathlon | Swimming  Games- Striking & Fielding- Rounders |
| 6 | Swimming  \*Games  Invasion Games- Tag Rugby | Gymnastics- Body Symmetry  Dance- Why Bully Me | \*Games  Invasion Games-  Ball Hockey  Gymnastics-Group Work | Dance- Football Dance  OAA- Upper KS2 | Swimming  \*Athletics  Decathlon | Swimming  Games- Cricket or Rounders in preparation for festival |

Units follow Cambridgeshire Schemes of Work (new units or old SOW if specified)

\*Unit must stay here due to preparation for upcoming competition

\*\*These units have separate/older planning available

\*\*\* These have resources but require own planning to put together lessons

Year 5/6- Please highlight units of work to be taught by Mr Stevens in PPA yellow