Bullying

What is bullying?

Bullying is unwanted, aggressive behaviour that involves a real or perceived power imbalance. The behaviour is repeated, or has the potential to be repeated, over time. Bullying includes actions such as making threats, spreading rumours, attacking someone physically or verbally, and excluding someone from a group on purpose.

Bullying that happens online, using social networks and mobile phones, is often called cyber-bullying. Young people can feel like there's no escape because it can happen at any time of day or night.

How to get help :

Speak to any member of staff or email your concerns to head@isleham.cambs.sch.uk

Other support :

nationalbulllyinghelpline.co.uk 0845 2255 787

nspcc.org.uk 0808 800 5000 ChildLine 0800 1111 (24 hours)